



MILE 1. Leave Stubbington Rec and head towards Bell's Lane, turn right onto **Bell's Lane** and continue to follow it whilst it changes into **Crofton Lane**. After you pass One Stop (shown on the map) on your left, take the next right into **Carisbrooke Avenue**, and follow it as it bears left and changes into Solent Road which you'll carry on until you reach Breezes (shown on the map).

MILE 2. Turn left onto **Hill Head Road** and before the bend turn right onto **Crofton Lane**, heading towards the **promenade**. Follow along the promenade, and if you wish, pause a moment to enjoy the views at Sophie's Bench at the end of mile 2.

MILE 3. Continue along the promenade, moving carefully through **Monk's Hill Carpark**, and turn left at The Shack to go up the short slop onto the **top path/promenade** beside the road. Continue along here past the Hovercraft Museum, On The Water café and continue until you reach the **Pedestrian crossing**. Cross here, turn left past Solent Cycles and head right onto **Milvil Road**.

MILE 4. At the corner of Milvil Road turn right onto **The Highstreet**. Continue until the red phone box, cross the road straight afterwards, and head left onto **Manor Way**. Continue down this straight road (which turns into **Broom Way**) pass the Tennis Club, petrol station and carefully cross the junction keeping CEMAST on your left.

MILE 5. Continue on Broom Way until you see the Daedalus statue on the roundabout and then bear left along **Gosport Road**.

MILE 6+. Continue along Gosport Road, passing a park on your left, and a large field also on your left, before **Stubbington Green roundabout**. Here, cross directly over to the path above the carpark and head towards the bus shelter. Cross again keeping the toilet block on your left and the village on your right as you head down **Park Lane**. Park Lane curves round to the right and changes into Cutlers Lane; follow the road until the next significant bend and turn left onto **Vicarage Lane**. Follow this road as it bears left and at the end turn right going through a path that leads to the edge of the park. Go straight ahead, turning left at the path next to the play park and head towards the **FINISH!!** Congratulations on completing your 10k!